

Education Week 2009 Resource Book



Celebrate Our Heroes

**Célébrons nos
héroïnes et héros**



A Message to Teachers from NLTA President Sean Noah

Dear Colleagues,

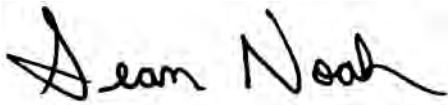
Education Week is about celebrating education and the importance of learning. This year's theme, "Celebrate Our Heroes • Célébrons nos héroïnes et héros", involves celebrating our heroes, past and present, and recognizing their importance in our everyday lives.

Education Week can be an enriching experience for students, teachers and parents. We encourage primary and elementary teachers to continue their practice of observing this week with their students. We especially encourage intermediate and high school students to become involved in the week as it presents an exciting opportunity to promote school spirit. Our students have much to contribute and would grow and learn from their involvement in Education Week activities.

Our sincere thanks to all those who have assisted the Communications Committee in planning the Education Week Resource Kit. We value the input of our fellow educators and assure you that your efforts are appreciated.

We trust you will find this resource to be useful and that your activities during Education Week and every week of the school year are truly a celebration of education. Have a great week!

Sincerely yours,



Sean Noah
NLTA President

Table of Contents

Using this Booklet	3
Suggestions for Planning an Opening/Closing Ceremony	3
Activities/Ideas	4
Web Resources	6
Activity Sheets	8
Activity Sheet Answers	15

Using this Booklet

This Education Week resource booklet has been designed to provide a list of suggested activities, as well as some pages that can be photocopied and used in class or given to students to take home.

The activities listed on the following pages are meant to provide ideas only – use any you feel might work, modify as you think best, or develop your own. To determine the grade level for which the activity might be designed, check the letters listed by the title.

P – Primary Students/Primaire (K-3)

E – Elementary Students/Élémentaire (4-6)

I – Intermediate Students/Intermédiaire (7-9)

S – Senior High Students/Secondaire (10-12)

Attention French teachers!

The majority of the activities listed in the booklet can be adapted for French, English, or ESL students.

Pour les professeurs de français

La plupart des activités proposées dans ce livret peuvent être adaptées pour les élèves en français, en anglais et même en anglais langue seconde.

The NLTA website contains a section about Education Week. It is located at www.nlta.nl.ca.



Suggestions for Planning an Opening/ Closing Ceremony

Opening Ceremonies

- Plan an assembly for your school.
- Have your school choir or singing group sing the Education Week song or a medley of songs about the Education Week theme.
- Invite schools in your district to come together to plan an Opening Ceremony.
- Invite community members, retired teachers, parents, etc. to take part in the Opening Ceremonies.
- Set up a mural in each classroom or one for the entire school to display various activities completed during the opening and throughout the week.
- Have your Learning Resources teacher set up a display of materials related to the Education Week theme.
- Select a book or poem that you could read to the class on the day of the Opening Ceremonies.

Closing Ceremonies

- Have a closing assembly and put together a program of songs, dances, skits, role-plays etc. which students worked on throughout the week.
- Invite parents to the celebration. Students can design their own invitations.
- Set up displays (in your classroom or the school gymnasium) of the projects completed during the week and invite parents to come and view them.
- Visit other classes in the school or visit another school in your area to see how others celebrated Education Week.
- Throughout Education Week, have someone do a video tape or take pictures of various activities completed during the week. Have a popcorn party and view the tape or pictures.

Activities/Ideas

Newfoundland & Labrador Heroes (P, E, I, S)

Many heroes are not the highly visible type such as Superman. Newfoundland and Labrador history is full of unlikely heroes – those who have been called upon to exhibit heroism in trying times. Have students research one unlikely hero and write a brief sketch of their act of heroism.

Hero Interviews (P, E, I, S)

Ask students if they could interview any hero, who would it be? Have them develop a list of 10 questions they would ask this hero.

Design a Hero (P, E, I, S)

Ask students if they could design their own hero, what qualities would they include?

Personal Heroes (P, E, I, S)

Many people have personal heroes. This could be a relative, someone in the community, an athlete or artist. Have students write why this person is their hero or have them write a letter to someone they admire.

Community Heroes (P, E, I, S)

There are many people in your community who volunteer their time for the benefit of the community. Have students pick one and research their volunteer activities. Have them write a letter of appreciation to this person.

Sketch a Hero (P, E, I)

Have students draw a picture of their hero.

Characteristics of a Hero or Heroine (P, E, I, S)

Have your students brainstorm characteristics of a hero or heroine. Check for the understanding of what makes a hero in the mind of your students. Students usually associate the term with war and not people like local artists, writers, actors, etc. Include the following characteristics as a starting point:

- Is humanitarian – cares for and respects people, generous, fights injustice, wants to make the world a better place;
- Persistent – might make mistakes but keeps trying, focuses on the job;
- Responsible, honest, trustworthy;

- Courageous and brave – is willing to take risks, stands up for his/her beliefs;
- Intelligent – logical, sees the big picture, identifies the problem and plans a solution;
- Selfless and humble – puts others first, doesn't seek rewards or praises;
- Has a sense of humor;
- Mentally strong and self confident – fear, mistakes, problems don't stop him/her.

Promoting Our Heroes (E, I, S)

Have students research and then develop a means to promote their hero/heroine to others (i.e. PowerPoint presentation, collage, poster).

Be a Hero! (P, E, I, S)

Ask your students to organize a class activity to do something good for your school or community.

Hall of Fame (P, E, I, S)

Have students nominate heroes in the school or community and have them display their photo and information about what makes them a hero. (May be broken down into categories like achievements, childhood, hometown, impact on province, heroic actions/qualities.) Create a “hall of fame” in the school or classroom. Students can choose or be assigned into teams to research their hero.

Heroes on Display (P, E, I, S)

Have students create bulletin boards around the school depicting heroes and heroines, e.g.:

- Global/International Heroes – Chanti, Mother Teresa, Mandela, etc.
- National Heroes – Terry Fox, Rick Hansen, Stephen Lewis, etc.
- Provincial Heroes – Danny Williams, Mina Hubbard, Mag Davis, etc.
- Local Heroes – Colin Fewer, Sir Albert Walsh, Presentation Sisters, etc.
- Family Heroes – Personal

Different grade levels could take different categories (e.g., A – Level III, B – Grade 7)

An Invitation to a Hero (P, E, I, S)

Invite local heroes/heroines into your school. Allow students to select who these people are. Share experiences and a meal – hero sandwiches.

Dress Up (P, E, I, S)

Have students dress as a hero/heroine for a day.

Define a Hero (E, I, S)

Ask students to write a haiku defining a hero.

Acrostic Hero (E, I, S)

Have students create an acrostic denoting the characteristics of a hero.

Learning from the Past (I, S)

We grow by learning about the past. Have students research the Battle of Beaumont Hamel and the Newfoundland Regiment's contribution to the battle. If possible, invite a veteran or a local historian to come to school and talk to students about this important piece of Newfoundland history.

Making History (E, I, S)

Have students draw a cartoon of a historical character making a momentous discovery. They could indicate in a speech balloon what the individual might have said at that particular moment (i.e. Marconi receiving the first wireless message).

Good Job! (P, E)

Have students in your class acknowledge friends who have done something positive around the school. Have a special box where students can put in their nominations and the reason why they want to nominate that particular friend. Acknowledge some students each day.

Calendar of Heroes (P, E)

Have students design a class calendar with a hero for each month and include a few sentences about each.

Eco-Heroes (P, E, I, S)

Have students make a list of what they and their families could do to save energy and protect the environment (i.e. hang clothes on line instead of using dryer, conserve water, etc.).

We have every right to dream heroic dreams. Those who say that we're in a time when there are no heroes, they just don't know where to look.

– **Ronald Reagan**

Nurture your mind with great thoughts; to believe in the heroic makes heroes.

– **Benjamin Disraeli**

How important it is for us to recognize and celebrate our heroes and she-roes!

– **Maya Angelou**

Without heroes, we are all plain people, and don't know how far we can go.

– **Bernard Malamud**

I believe it is the nature of people to be heroes, given the chance.

– **James A. Autry**

A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.

– **Christopher Reeve**

Web Resources

Celebrating Bartlett 2009 – the legacy of the man whose perseverance and strength symbolize the spirit of Newfoundland and Labrador

www.bartlett2009.com

Heroes and Heroines: The Spirit of the Olympic Games
(Grade 6 Social Studies, Physical Education, Music and English)

www.edgate.com/wintergames/design/lesson_plans/lp2.html

Villains, Heroes and Heroines (Grade 3-6)

www.media-awareness.ca/english/resources/educational/lessons/elementary/gender_portrayal/villains_heroes_heroines.cfm

Female Action Heroes (Grade 6-8)

www.media-awareness.ca/english/resources/educational/lessons/elementary/gender_portrayal/female_action_heroes.cfm

Talk About A Hero/Heroine (Grade 1-4 Reading, Language and Geography)

<http://pbskids.org/mayaandmiguel/english/parentsteachers/lessonplans/hero.html>

Heroes Here and There (Grades 6-8 Language Arts, Philanthropy, Social Studies)

www.learningtogive.org/lessons/unit112/lesson1.html

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Thanks Heroes and Heroines

www.crayola.com/lesson-plans/detail/thanks,-heroes--heroines-lesson-plan/

Heroes Colouring Book (All Grades)

<http://parenting.leehansen.com/downloads/coloring/heroes-coloring.htm>

My Hero is a not for profit educational web project that celebrates the best of humanity

www.myhero.com

My Hero: A Guide for Teachers and Afterschool Educators

<http://myhero.com/myhero/go/theteachersroom/pdf/AfterSchoolLessonPlan.pdf>

Hero Central (All Grades)

www.saskschools.ca/curr_content/k9adaptdim/hstoon/herocent.html

Planet Hero (Games and Activities)

www.fisher-price.com/fp.aspx?st=5475&e=activities

Web Resources

Captain William Jackman

<http://ngb.chebucto.org/Articles/jackman.shtml>

Terry Fox

www.terryfoxrun.org/english/about%20terry%20fox/default.asp?s=1

Nurse Myra Bennett

www.heritage.nf.ca/society/rhs/cf_listing/043.html

Oskar Schindler

www.oskarschindler.com/

Rosa Parks

www.rosaparks.org/bio.html

Martin Luther King Jr.

http://nobelprize.org/nobel_prizes/peace/laureates/1964/king-bio.html

Tommy Douglas

www.weyburnreview.com/tommydouglas/welcome.html

Frederick Banting

www.essortment.com/all/bantingbestdia_rnoc.htm

A story about Gander, a Newfoundland Dog who was instrumental in protecting soldiers on Hong Kong Island during WWII.

<http://meetthekarazans.blogspot.com/2008/02/gander-newfoundland-hero-of-world-war.html>

Photographs and stories about famous heroes and icons (e.g. Helen Keller, Anne Frank, Nelson Mandela)

www.time.com/time/time100/heroes/profile/keller01.html

This site contains a searchable database (by last name), write-ups and photographs of famous women.

www.greatwomen.org

PLEASE NOTE: THESE WEB SITES WERE CHECKED FOR SUITABILITY AND ACCESSIBILITY; HOWEVER, IT IS RECOMMENDED THAT TEACHERS VISIT ALL SITES BEFORE REFERRING TO STUDENTS. PLEASE CHECK COPYRIGHT ON ANY RESOURCES THAT YOU MAY COPY OR USE IN THE CLASSROOM.

Terry Fox Story (E, I, S)

What led to the amputation of Terry's leg? _____

What was his motivation in running across Canada? _____

Who accompanied Terry on his run? _____

What is Terry's run called? _____

Where did it start? _____

Where did he hope it would end? _____

Where did it actually end? _____

At what point did the media join the effort? _____

How did this help his effort? _____

What do Greg Scott and Terry Fox share? _____

What celebrities took part in the Terry Fox tribute telecast? _____

How much was raised during the telecast? _____

When is the Terry Fox Marathon of Hope held each year? _____

Terry's mother says "Terry is average in everthing, but determined." How was this determination vital in completing his journey?

L'Histoire de Terry Fox (E, I, S)

Pourquoi est-ce que la jambe de Terry Fox était amputée? _____

Quelle était sa motivation de courir à travers le Canada? _____

Qui a accompagné Terry sur sa course? _____

Quel est le nom de la course de Terry? _____

Où a-t-elle commencé? _____

Où est-ce qu'il espérait que la course finirait? _____

Où a-t-elle fini actuellement? _____

À quel point est-ce que les médias ont commencé à aider? _____

Comment est-ce que ceci a aidé son effort? _____

Qu'est que Greg Scott et Terry Fox ont en commun? _____

Quelles vedettes ont participé dans l'hommage de Terry Fox en télédiffusion? _____

Combien d'argent ont été recueilli pendant le télédiffusion? _____

Quand est le Marathon de l'espoir chaque année? _____

La mère de Terry dit <<Terry est moyen en tout, mais déterminé.>> Comment est-ce que cette détermination était importante afin de compléter son but?

Hero Match Up (E, I, S) (answers on page 15)

- | | | |
|----------------------------|-------|---|
| 1. Tommy Ricketts | _____ | A. First settlers |
| 2. John Cabot | _____ | B. First female President of the NLTA |
| 3. Vikings | _____ | C. Olympic gold medalists |
| 4. Sir Wilfred Grenfell | _____ | D. First female lawyer |
| 5. Myra Bennett | _____ | E. Commander of the Armed Forces |
| 6. John Guy | _____ | F. Discovered Newfoundland |
| 7. Joey Smallwood | _____ | G. Rescued sailors of Truxton & Pollacks disaster |
| 8. Bob Bartlett | _____ | H. First teacher |
| 9. Rick Hillier | _____ | I. Pioneer doctor |
| 10. Thomas Walley | _____ | J. Cupids settlement |
| 11. Team Gushue | _____ | K. Artic explorer |
| 12. Patricia Cowan | _____ | L. Father of Confederation |
| 13. Frederick Bancroft | _____ | M. Pioneer nurse |
| 14. People of St. Lawrence | _____ | N. Victoria Cross |
| 15. Louise Saunders | _____ | O. First President of the NLTA |

Nos héroïnes et héros – Association (E, I, S) (réponses à la page 15)

- | | | |
|----------------------------|-------|---|
| 1. Tommy Ricketts | _____ | A. Premiers habitants |
| 2. John Cabot | _____ | B. Première Présidente de NLTA |
| 3. Vikings | _____ | C. Médaillés d'or des Olympiques |
| 4. Sir Wilfred Grenfell | _____ | D. Première avocate |
| 5. Myra Bennett | _____ | E. Commandant des Forces Armées |
| 6. John Guy | _____ | F. Découvert le Terre-Neuve |
| 7. Joey Smallwood | _____ | G. Sauvé des marins du disastre Truxton et Pollacks |
| 8. Bob Bartlett | _____ | H. Premier professeur |
| 9. Rick Hillier | _____ | I. Docteur pionnier |
| 10. Thomas Walley | _____ | J. Colonie de Cupids |
| 11. Team Gushue | _____ | K. Explorateur Arctique |
| 12. Patricia Cowan | _____ | L. Père de la Confédération |
| 13. Frederick Bancroft | _____ | M. Infirmière pionnière |
| 14. People of St. Lawrence | _____ | N. Croix de Victoria |
| 15. Louise Saunders | _____ | O. Premier Président de NLTA |

Hero Word Search (E, I) (answers on page 15)

T Y O C L E G A L L A N T O T
 N T H V O N C O M P A N I O N
 E I N R L I S E L F L E S S V
 M R O O H O N A R H E L P E E
 T G I P H R M B F O C U S E D
 I E P L H E R I O N I R U O C
 M T M E O H L E D O M E L O R
 M N A H A D V P H R R S N E S
 O I H E R O I N E U R R L O N
 C N C B U I L D I R E I R S L
 C N Y T L A Y O L D U E E S I
 V Y R E V A R B L B H A O E A
 A O I I N S P I R A T I O N B
 R O L A V M U C O U R A G E P
 B O P E G B N O E A P O I S P

BRAVERY

GALLANT

INTEGRITY

BUILDER

HELPER

LOYALTY

CHAMPION

HERO

ROLE MODEL

COMMITMENT

HEROINE

SELFLESS

COMPANION

HONOR

VALOR

COURAGE

IDOL

FOCUSED

INSPIRATION

Cherchez les mots – héroïnes et héros (E, I) (réponses à la page 15)

X E B W A B T B X S I O O E C
 V D E T U A Y O L O C C B R O
 X U E G A R U O C R Z S L U U
 N Q D A L N H Z I E E M I O R
 S J R I Q O U H E H T G G V A
 D E S I N T E R E S S E A A G
 R I S N E S F T C R D L T R E
 I E E L E M P O I A O U I B F
 F U O U Z L N I R R J I O M T
 R D W W C C E A R B G V N P E
 I A I D E A M D L A F E C E K
 E R T N H A G T O E T L T U S
 D G T X C N C H A M P I O N D
 A R N E S T F S M R C I O C I
 E U B Y A W L A G X E K Q N Q

AIDE

COURAGEUX

INSPIRATION

BRAVOURE

DÉSINTÉRESSÉ

INTEGRITÉ

CAMARADE

HÉROÏNES

LOYAUTÉ

CHAMPION

HÉROS

MODÈLE

CONCENTRÉ

HONNEUR

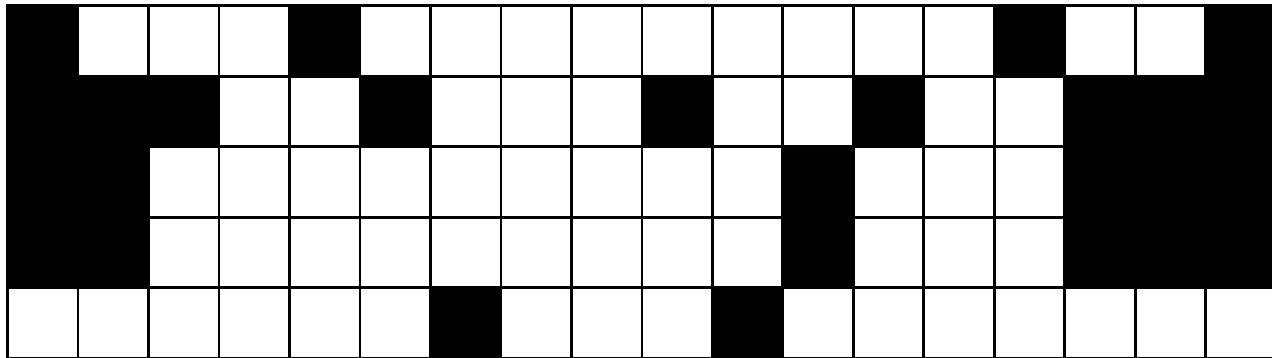
OBLIGATION

COURAGE

IDOLE

Fallen Puzzle (I, S) (answer on page 15)

Each letter appears in the same column, but below where it should be. The solver must put the letters back in the grid and rebuild the quote by Maya Angelou.



W

R O

E

O E C I F O A Z E A T R

R E E E G N N R E S H N R

H C I L S M A R D T A O U O I T

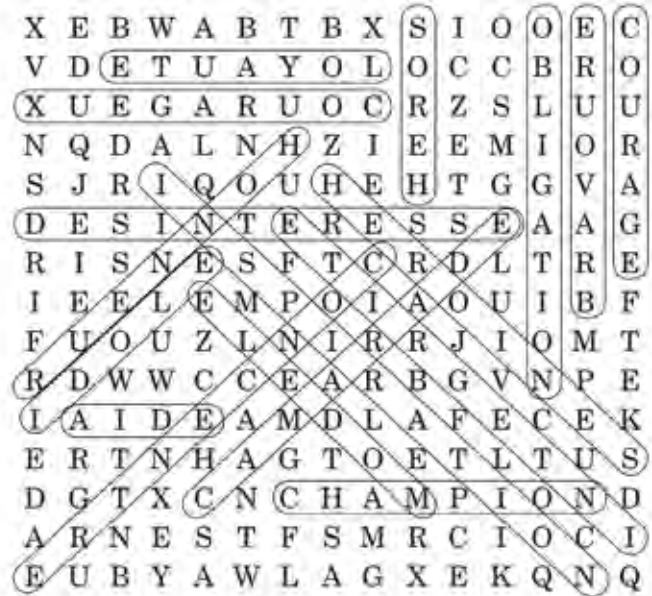
H E R O S O B P I T U S N T D O E S

Activity Sheet Answers/Clé de Réponses

Hero Match Up / Nos héroïnes et héros – Association (page 10/11)

- | | |
|----------------------------|---|
| 1. Tommy Rickets | N |
| 2. John Cabot | F |
| 3. Vikings | A |
| 4. Sir Wilfred Grenfell | I |
| 5. Myra Bennett | M |
| 6. John Guy | J |
| 7. Joey Smallwood | L |
| 8. Bob Bartlett | K |
| 9. Rick Hillier | E |
| 10. Thomas Walley | H |
| 11. Team Gushue | C |
| 12. Patricia Cowan | B |
| 13. Frederick Bancroft | O |
| 14. People of St. Lawrence | G |
| 15. Louise Saunders | D |

Cherchez les mots – héroïnes et héros (page 13)



Hero Word Search (page 12)



Fallen Puzzle (page 14)

How important it is for us to recognize and celebrate our heroes and she-roes.



**The information for this resource booklet was compiled
and prepared by the 2007-09 Communications Committee:**

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